Healthy Obsession or Dangerous Game? Addressing Critical Issues Within Youth Sport

Daniel Wigfield, University of Waterloo

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A central issue for current and future sport managers to address is the hostile takeover of youth sports by overzealous adults looking to develop the next superstar athlete. This presentation describes a two-part written assignment. First, students are required to read Mark Hyman’s book Until it Hurts: America’s Obsession with Youth Sports and How it Harms our Kids and write a short essay on an issue within youth sport that is most concerning to them. Second, students are required to formulate a policy for the youth sport organization of their choice to address the issue they identified in their paper.